



Volunteer Information Pack

Information Pack & Application Form

June 2024

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Welcome

This information pack is for anyone wanting to know more about volunteering with Make 2nds Count. It contains all the information you may need as you consider getting involved in our work and whether volunteering with Make 2nds Count is right for you.

We are a UK-wide patient and family focused charity dedicated to giving hope to women and men living with secondary breast cancer. We are always looking for people who share our vision and values to support us in our work by giving their time, skills, knowledge and experience.

With roles from office administration, events and exhibitions support, Tea & Chat local group hosts, Trustees, and specialist safeguarding roles, there are many ways you can get involved.

Sometimes people are unsure about what volunteering with us may involve, or whether it is right for them, so we hope this pack will help answer some of your questions.

If after reading this you decide you would like to become a volunteer, please apply using the application form at the back of this pack.

If you have any further questions or would like more information, please email us at hello@make2ndscount.co.uk or to speak to someone call us on 0131 357 4811 and we'll be happy to help.

Thank you for your interest in volunteering with us.



Why volunteer with Make 2nds Count?

Volunteering is good for you!

At Make 2nds Count we believe that volunteering should benefit both the charity, and you the volunteer. Volunteering is known to be a great way to improve your sense of purpose and belonging, connect with others and contribute meaningfully to a good cause. It has also been shown to improve wellbeing and reduce isolation.

Benefits from volunteering include things such as:

- Giving you a feeling of purpose and self-worth
- Making a difference and having a positive impact on peoples' lives
- Using and developing existing skills in varied and rewarding roles
- Improving health, wellbeing, confidence and self-esteem
- Meeting new people from a range of backgrounds and making friends
- Learning new skills and building experience for employment
- Creating positive feelings and a sense of reward
- Feeling part of a caring and supportive team

Why choose to volunteer with Make 2nds Count?

In volunteering for Make 2nds Count, you'll get the chance to make a real difference, gain valuable experience, and gain new skills – all while helping create safer places for everyone, places that support and protect those impacted by secondary breast cancer.

Our volunteers come from a range of backgrounds and communities and volunteer with us for a variety of reasons. There are many ways you can get involved.

You're part of fulfilling our mission

1. To fund secondary breast cancer research that contributes to advancing an increased quality of life for patients.
2. To inform & facilitate access to patient trials.
3. To establish a community that supports and educates patients & families affected by secondary breast cancer.
4. To increase overall awareness of secondary breast cancer.



How we make a difference

About Make 2nds Count

Make 2nds Count is one of the UK's leading patient and family focused charity dedicated to giving hope to women and men living with secondary breast cancer. We do this with our three pillars - **Research, Support & Education**.

Research into secondary breast cancer is underfunded. Make 2nds Count's mission is to fund secondary breast cancer research which contributes to advancing an increased quality of life for patients.

Our **Support** programme has a focus on quality of life and helping patients affected by this incurable disease by informing, sharing and offering practical advice & support.

Education is an integral part in everything that we do and we aim to raise awareness of secondary breast cancer through effective marketing and education programmes across the UK. We also empower patients through increasing their knowledge and understanding of research, treatments and options.

Make 2nds Count is supported by an enthusiastic and motivated group of individuals who help us make our vision a reality. From permanent team members who are based at our head office in Edinburgh, to dedicated volunteers, patient champions and the dynamic board of trustees, our team is constantly evolving.

Together we can Make 2nds Count.

Our Values

We will create an **inclusive** community to support the needs of all those affected by SBC

Integrity will be at the heart and soul of everything we do

Passion drives us to deliver exceptional results

We will help create and nurture supportive **friendships** within the SBC community

We strive to be the leaders in our field of **knowledge** to support, educate and give hope to those affected by SBC



Who would make a good volunteer

Volunteering is something everyone can do

Anyone can be a good volunteer as we all have different experiences and skills to share, and we all have something we are good at. Here are some of the things we at Thirtyone:eight are looking for in our volunteers:

- Aged over 18
- Able to commit to a role, be available at the agreed times, and meet the requirements of the role
- Able to follow guidelines on confidentiality and safeguarding
- Communicate regularly with your volunteer manager and provide feedback, as required
- Willing to do a relevant background check (DBS)
- Be open, friendly and honest
- Support and be sympathetic to our vision, mission, and values

Our volunteers should be able to understand and follow the boundaries, policies and procedures of the organisation.

[M2C Privacy Policy](#)

[M2C Code of Conduct](#)

What about if I have a disability or medical condition?

As long as you meet the requirements of the role, we welcome your application. We will work with you to discuss any specific support needs, or consider any reasonable adjustments that will make volunteering with us accessible for you.



What can you expect from us?

What you can expect.

At Make 2nds Count we value our volunteers highly and recognise that volunteering has two way benefits. As part of our commitment to our volunteers here's what you can expect from us:

- A full induction chat with your M2C team member
- Regular communication
- Opportunity to work as part of a team
- Opportunity for Personal Development
- Opportunities to apply for internal job vacancies
- Reimbursement of travel expenses for mileage, is paid at the rate of £0.45 per mile (up to 15 miles) and group host expenses.

Supervision and support

Informal supervision will happen regularly with your M2C team member. These focus on you as an individual and not only help us understand how we can better help with your work and personal development, but also ensure that we are offering relevant, appropriate support.

Flexible working

We understand the importance of being at those significant 'red-letter' days. Where volunteers have committed to set days / hours, we will, of course, be flexible so that you can be at those important events.



Volunteer Application Form

To apply to volunteer with [Make 2nds Count](#) complete all sections of this form as fully as possible. The information you give will be kept confidentially by Make 2nds Count, unless requested by an appropriate authority.

Would you like to host a Tea & Chat Live local group or help out at local events?

[Volunteer Agreement Form](#)

Would you like to be a charity ambassador?

[Make 2nds Count Ambassador Form](#)

Would you like to support us by volunteering at local fundraising events?

[Volunteer at Fundraising events](#)

To find out more about being an ambassador for Make 2nds Count we have a separate information pack available on request.

If you have any questions, please email hello@make2ndscount.co.uk or call 0131 357 4811

Thank you for supporting Make 2nds Count.